



The City of  
Worcester  
Department of Parks, Recreation & Cemetery



**Weekly classes  
July 6 – Aug. 20**

10:00 – 10:30am

10:30 – 11:00am

11:00 – 11:30am

5:00 – 5:30pm

6:00 – 6:30pm

Lessons are  
Mon. – Thurs.,  
each week for  
7 weeks.

# WATER SAFETY & SWIM LESSONS

**Ages 5 and up.  
Parents must stay  
for the  
30 minute class.  
Teen & Adult  
lessons also  
available.**



Scan QR Code to register

## Coes Pond Beach

225 Mill Street,  
Worcester, MA 01602

YMCA OF CENTRAL MASSACHUSETTS  
[www.ymcaofcm.org](http://www.ymcaofcm.org)