



161st Annual Report
YMCA OF CENTRAL MASSACHUSETTS

EMPOWER • ENGAGE • ELEVATE

2024 ANNUAL VOLUNTEER RECOGNITION AWARDS



GEORGE I. ALDEN AWARD

Paul J. Murphy



STRENGTHENING FOUNDATIONS OF COMMUNITY AWARD

The Manny 267 Foundation

YOUTH OF THE YEAR



Leandro
Jean-Pierre



Allen Jenkins
Mural Painting Team



Maxxon
Ortiz



Aeneas
Taylor



Quamyr
Woods

ADULTS OF THE YEAR



Clarence
Barr



Robert
Caprera



Teri
Doucette



Ginny
Lemmerman



Joseph
O'Brien



DIVERSITY, INCLUSION, GLOBAL INNOVATION VOLUNTEERS OF THE YEAR

Spoonfuls



GEORGE VASIL COMMUNITY SERVICE AWARD

United Way of South Central MA



NANCE WARE SCHOLARSHIP

La'Anna Draper
Jevon Rosemond

Dear Friends,

As we close out 2024 and reflect on another year of growth and service, I am proud of our remarkable strides as an organization. This year, our theme—**Empower, Engage, Elevate**—has been more than just words; it has been a guiding principle in serving, innovating, and impacting lives across Central Massachusetts.

We have **empowered** individuals by ensuring the Y remains a welcoming and accessible space for all. With membership steadily increasing month after month—surpassing pre-pandemic levels—we continue to provide a sense of belonging and wellness for thousands of individuals and families. Our commitment to inclusion, affordability, and high-quality programming has strengthened the Y's position as a vital community hub.

We have **engaged** our community through groundbreaking initiatives, including the incredible first year of our **Community Aquatics program**. By expanding access to water safety and swim instruction, we are teaching a critical life skill and creating lifelong connections to healthy living. Similarly, our after-school and youth programs have flourished, providing safe, enriching environments for children and teens to learn, grow, and build relationships.

We have **elevated** our impact through visionary philanthropy and strategic investments. The **Worcester Community Capital Campaign** has been a resounding success, with over **\$6.6 million raised**—a testament to our donors' belief in our mission. This funding has enabled us to reimagine and revitalize key spaces, ensuring that our facilities reflect the excellence of our programs. At the same time, our Achievers program celebrated **25 years of inspiring young leaders**, reinforcing our dedication to youth empowerment and workforce development.

This year was a testament to the Y's enduring role in fostering strong, resilient communities. As we look ahead, I am filled with gratitude for our members, volunteers, donors, and staff who make our work possible. **Together, we are shaping a future where all can thrive—where we continue to empower, engage, and elevate the communities we serve.**

With appreciation,



David Connell
President and CEO



David Connell, 2024 Worcester Business Journal
Large Nonprofit Business Leader of the Year

BOARD OF DIRECTORS (As of April 2024)

William Sullivan Jr., Chair
John "Bill" Braley III, Vice Chair
Kimberly Anderson, Treasurer, Vice Chair
Betsy Landry, Clerk
Polly Tatum, Past Chair
George Cox
Mark Donahue
Yvette Dyson
Elisha Erb
Shereen Fahey
Jack Foley

F. Edward Gallagher
Pritesh Gandhi
Scott Grieco
Pablo Hernandez
James Hohman
Frederick Jenoure
Christopher Kostiw
Cornell LeSane II
Andrew Morgan
Paul Murphy
Alan Peppel

Ruby Pezanetti
Ben Price
Lilian Radke
Amanda Risch
Stephen Schuster
Debra Seymour
Jeremy Thompson-Durand
Bash Turay
Elizabeth Wambui
Suzanne Weekes

2024
HIGHLIGHT

MAKING WAVES: YMCA and City of Worcester Partnership



At the YMCA, safety is at the heart of everything we do—especially when it comes to our aquatics programs. This year, our commitment to water safety was stronger than ever with the successful proposal to operate the four urban beaches and Crompton Pool for the City of Worcester. Deploying nearly 90 staff members, we ensured a safe and welcoming environment for swimmers with more than 35,000 visits during the eight-week partnership.

Beyond a place to stay cool, swim lessons were instrumental to the success of the summer. Learning to swim is more than just a fun activity—it's a critical life skill that builds confidence, promotes safety, and opens the door to lifelong enjoyment of the water. Drowning is one of the leading causes of accidental death, but formal swim lessons can reduce the risk by up to 88%. That's where the YMCA stepped in. We provided nearly 200 swim lessons at four beach and pool locations this summer.

In addition to swimming, the city had kayaks and paddleboards at Coes Pond available for residents, but no way to manage them. The YMCA jumped in, built a program, and offered "paddle" times every day this summer. From lifejacket fittings to the basics of paddling – we helped residents explore the city by water, feeling safe and supported by YMCA staff and lifeguards.

With programs like these, the YMCA continues to provide opportunities for adventure, safety, and community connection—on land and in the water. We're proud to be a place where people can learn, grow, and make a splash!



A Note from Bill Sullivan Jr. Chair of the Board of Directors

"In 2024, the YMCA of Central Massachusetts had an incredible year marked by impact and productivity, driven by our unwavering commitment to enhancing the health and well-being of communities in Worcester County. Our dedicated volunteers and skilled staff met local needs with creativity and a sense of hope for the future, ensuring that every individual had the opportunity to thrive.

This year, we expanded our membership and exceeded our \$1.3 million Annual Campaign goal. We strengthened our relationship with the City of Worcester, ensuring the safety and accessibility of our city's pools and beaches to provide safe and inclusive spaces for all. We also made significant progress on the Worcester Community Capital Campaign, a testament to our shared vision for a stronger, more inclusive community. Construction in the George I. Alden Wing on the Youth Innovation & Learning Development Hub concluded, and our capital efforts will transition to the Fuller Family Park and Karma Café at the Central Community Branch in 2025.

This is an organization I am proud to lead with so many others dedicated to the Y's cause."



EMPOWER•ENGAGE•ELEVATE

Celebrating Teen Programming at the YMCA of Central Massachusetts

Marking 25 Years of the Achievers Program

Recognizing Work Force Development Partners • Honoring the Impact of the Leaders Program



2024
Year In
Review

FINANCIAL REPORT OF THE YMCA OF CENTRAL MASSACHUSETTS

Statement of Financial Position as of September 30, 2024

Assets

Cash	\$6,335,081
Accounts Receivable	\$1,443,606
Contributions Receivable (net)	\$451,072
Prepaid Expenses	\$115,922
Investments	\$16,675,166
Right of Use of Assets – Operating Leases	\$145,652
Right of Use of Assets – Finance Leases	\$552,502
Property and Equipment (net)	<u>\$34,064,015</u>
Total Assets	<u>\$59,783,016</u>

Liabilities

Accounts Payable	\$731,985
Accrued and Other Liabilities	\$1,180,150
Deferred Revenue	\$537,630
Long-Term Debt	\$16,833,463
Operating Lease Obligations	\$149,349
Finance Lease Obligations	<u>\$652,301</u>
Total Liabilities	<u>\$20,084,878</u>

Net Assets

Without Restrictions, Undesignated	\$20,008,325
Without Restrictions, Board Designated	\$10,587,992
With Donor Restrictions	<u>\$9,101,821</u>
Total Net Assets	<u>\$39,698,138</u>

Total Liabilities & Net Assets **\$59,783,016**



Statement of Activities For the Year Ended September 30, 2024

Operating Activities

Contributions	\$1,403,299
Government Contracts/Grants	\$11,572,801
Early Education Grants	\$444,446
Endowment Designated for Operations	\$600,000
United Way	<u>\$365,197</u>

Total Public Support **\$14,385,743**

Membership	\$9,596,565
Program Fees	\$5,278,711
Rentals, Merchandise, & Vending	<u>\$363,686</u>
Total Operating Revenues	<u>\$15,238,962</u>

Total Public Support and Operating Revenues **\$29,624,705**

Program Services	\$24,133,950
Management & General	\$3,506,960
Fundraising & Special Events	<u>\$319,457</u>
Total Operating Expenses	<u>\$27,960,367</u>

Changes in Net Assets from Operating Activities Before Depreciation & Amortization **\$1,664,338**

Depreciation & Amortization \$2,702,778

Changes in Net Assets from Operating Activities **\$(1,038,440)**

Non-Operating Activities Gains and (Losses)

Capital Campaign Contributions	\$588,724
Net Investment Return	\$3,346,399
Gain on Sale of Property and Equipment	\$351,505
Endowment Designated for Operations	<u>\$(600,000)</u>
Changes in Net Assets from Non-Operating Activities	<u>\$3,686,628</u>

Changes in Net Assets **\$2,648,188**

Net Assets, Beginning of Year **\$37,049,950**

Net Assets, End of Year **\$39,698,138**

For questions, please contact Julio Acero-Nali, Vice President of Finance/CFO, at 508-755-6101, ext. 9249 or jacero@ymcaofcm.org.

YMCA SENIOR LEADERSHIP

David Connell
President and CEO

Julio Acero-Nali
Vice President of Finance/CFO

Lori Bastien
Vice President/Chief Membership
Marketing Officer

Doris Harrison
Vice President of Information Technology and
Project Management

Glenn Juchno
Vice President Property and
Risk Management Development

Carol Lucke
Administrative Director

Betsy Moquin
Vice President — People Practices

Eileen Pinchuck
Vice President of Philanthropy

Pamela Suprenant
Vice President of Youth Development
& Community Services

Danielle Delgado
Executive Director, Central Community Branch

Jeff Laliberte
Executive Director, Boroughs Family Branch

Fabiola O'Donnell
Executive Director of Human Resources

Barbara Perotto
Executive Director of Finance/Controller

Christina Puleo
Senior Executive Director and
Association Membership Strategy,
Greendale Family Branch

Kathleen Russell
Executive Director,
Tri-Community Family Branch

Lisa Welcome
Executive Director, North County Branches

CELEBRATING OUR IMPACT

Here are a few ways the Y shaped lives in 2024

THROUGH FUNDRAISING AND
ADVOCACY, THE Y PROVIDED
OVER \$5 MILLION
IN COMMUNITY BENEFIT ACROSS
CENTRAL MASSACHUSETTS



OUR YMCA
SERVED

OVER
540,000
MEALS
&
SNACKS

COMBATTING
CHILDHOOD HUNGER
AND FOOD INSECURITY



12,572 YOUTH
ENGAGED IN SWIM
LESSONS



2,200 CAMPERS
SPENT THEIR
SUMMER LEARNING,
MAKING FRIENDS
& HAVING FUN!

OVER 300
CANCER SURVIVORS
PARTICIPATED IN
LIVESTRONG
AT THE Y

264 TEENS
WERE HIRED
AS Y STAFF



3,500+ PARENTS
RELIED ON THE Y FOR
AFFORDABLE
EDUCATION
& CARE

2,500 CHILDREN
ENGAGED IN WEEKLY
DROP-IN LITERACY,
PHYSICAL ACTIVITY
& PLAY GROUPS



ADVISORY BOARD (As of April 2024)

Lisa Banks
James Bonds, Sr.
Charlotte Bramley
Robert Caprera
Christopher Crowley
John Doyle
Russell Dye
N. Lynn Eckhert
Allen Fletcher

Mark Fuller
Paula Green
M. Katherine Hessel
Robert Kennedy
Judith Maynard
Douglas Meystre
Michael Michaelaes
Evan Page
Stephen Pitcher

Raymond Quinlan
Todd Rodman
Robert Seega
J. Lincoln Spaulding
Sumner Tilton, Jr.
Todd Wetzel
Constance Whitehead Hanks
David Woodbury

BOARDS OF GOVERNORS

BOROUGH'S FAMILY BRANCH

Kimberly Anderson
Kreshnik Bushati
Pritesh Gandhi
Jeffrey Gauvin

Kathryn Groves
Joseph Hamilton
Pablo Hernandez
Meghan Martin
Stephen Schuster

Sean Snee
Julie Stanwood
Christopher Wild

CENTRAL COMMUNITY BRANCH

Lowell Alexander
Will Bates

George Cox
Ly Cunningham
John Fitzgibbons

Lynn Harvey
Jessica Mullings
Margaret Naylor

GREENDALE FAMILY BRANCH

John "Bill" Braley III
Michael Burns
Marcia Cronin
Austin Cyganiewicz
Christopher Davies

Julio Emmerson da C. Elias
Ted Gallagher
Calvin Hill
Michael Mendoza
Mary O'Sullivan
Ben Prince

Lilian Radke
Beatriz Ramos
Gary Senecal
Joseph Tagman
Mark Taylor

NORTH COUNTY COMMUNITY BRANCHES

Clarence Barr
Matthew Christensen
Kathleen Cioffi

Elisha Erb
Erik Faxon
Mary Fritz
James Hohman
Emily MacRae

Ernest Martineau
Patrick McNamara
Stefanie Preville
Benjamin Shipp

TRI-COMMUNITY FAMILY BRANCH

Shirley Faucher
Carl Johnson
John Jovan, Jr.

David Keller
Paul Murphy
Brendan Murray
Alan Peppel
Jo-Ann Santelli

Debra Savoie
Jeremy Thompson-Durand
Chris Wszolek

YMCA OF CENTRAL MASSACHUSETTS

766 Main Street, Worcester, MA 01610 | Phone: 508.755.6101 | www.ymcaofcm.org

BOROUGH'S FAMILY BRANCH

4 Valente Drive
Westborough, MA 01581

LEOMINSTER COMMUNITY BRANCH

108 Adams Street
Leominster, MA 01453

YMCA CAMP BLANCHARD

208 Manchaug Road
Sutton, MA 01590

THE SARAH & RICHARD HARDY YMCA CHILD DEVELOPMENT CTR.

115 Marcy Street
Southbridge, MA 01550

CENTRAL COMMUNITY BRANCH

766 Main Street
Worcester, MA 01610

MONTACHUSETT COMMUNITY BRANCH

55 Wallace Avenue
Fitchburg, MA 01420

YMCA CAMP FOSKETT

189 Daniels Road
Charlton, MA 01507

YMCA FAMILY & COMMUNITY PARTNERSHIP FAMILY CENTER

13 Providence Road
Sutton, MA 01590

GREENDALE FAMILY BRANCH

75 Shore Drive
Worcester, MA 01605

TRI-COMMUNITY FAMILY BRANCH

43 Everett Street
Southbridge, MA 01550

YMCA CAMP LOWE

132 Fort Pond Inn Road
Lancaster, MA 01523

YMCA FAMILY & COMMUNITY PARTNERSHIP PLAY SPACE

169 Pleasant Street
Marlborough, MA 01752