

# WINTER 2025 GYMNASIUM SCHEDULE

*Effective January 6, 2025*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00am	Pickleball <i>5-7am</i>	Pickleball <i>5-7am</i>	Pickleball <i>5-7am</i>	Pickleball <i>5-7am</i>	Pickleball <i>5-7am</i>			
6:00am								
7:00am	OST <i>7-8am</i>	OST <i>7-8am</i>	OST <i>7-8am</i>	OST <i>7-8am</i>	OST <i>7-8am</i>	Open <i>7-9am</i>		
8:00am	Group Exercise <i>8-11:30am</i>	Group Exercise <i>8am-10:30am</i>	Group Exercise <i>8-11am</i>	Group Exercise <i>8-11:30am</i>	Group Exercise <i>8-11:30am</i>			Youth Basketball <i>9am-1pm</i>
8:30am								
9:00am								
10:00am		Pickleball <i>10:30am-12pm</i>	Basketball <i>11am-2pm</i>	Basketball <i>11:30am-1pm</i>	Basketball <i>11:30am-1pm</i>	Open <i>11am-1pm</i>		
10:30am								
11:00am	Basketball <i>11:30am-1pm</i>	Basketball <i>12-1pm</i>	Basketball <i>11:30am-1pm</i>	Basketball <i>11:30am-1pm</i>	Pickleball <i>1-3pm</i>			
11:30am								
12:00pm	Pickleball <i>1-3pm</i>	Pickleball <i>1-3pm</i>	OST <i>2-5pm</i>	Pickleball <i>1-3pm</i>	Pickleball <i>1-3pm</i>	Pickleball <i>1-3pm</i>		
12:30pm								
1:00pm	OST <i>3-5pm</i>	OST <i>3-5:30pm</i>	Teens <i>5-6pm</i>	Teens <i>5-6pm</i>	Pickleball <i>5-7:30pm</i>			
1:30pm								
2:00pm	Basketball <i>5-7:30pm</i>	Programs <i>5:30-7:30pm</i>	Youth Basketball <i>6-8pm</i>	Youth Basketball <i>6-8pm</i>	Cleaning <i>7:30-8pm</i>			
2:30pm								
3:00pm	Cleaning <i>7:30-8pm</i>	Cleaning <i>7:30-8pm</i>						
3:30pm								
4:00pm								
5:00pm								
5:30pm								
6:00pm								
7:00pm								
7:30pm								
8:00pm								

Program Name	Description
<b>Pickleball</b>	Drop-in on a game or meet others for a regular, weekly game.
<b>Basketball</b>	All ages can work on their basketball skills or have an impromptu game. Basketballs available.
<b>Youth Basketball 101</b>	Scheduled time for program that requires registration.
<b>Group Exercise</b>	Scheduled group fitness classes. Please see Group Exercise schedule for more information.
<b>OST</b>	Scheduled time for our Out of School Time program.
<b>Teen Leaders</b>	Scheduled time for our Teen Leaders program.
<b>Programs</b>	Reserved for special programs.
<b>Cleaning</b>	Gym floor swept and/or mopped – staff must have access to entire gym floor.
<b>Open</b>	Space is available for members to walk, play basketball, etc.