

Y programs take place at our various locations throughout Central Massachusetts.

**Boroughs Family Branch**

4 Valente Drive, Westborough, MA  
(P) 508.870.1320

**Central Community Branch**

766 Main Street, Worcester, MA  
(P) 508.755.6101

**Greendale Family Branch**

75 Shore Drive, Worcester, MA  
(P) 508.852.6694

**Leominster Community Branch**

108 Adams Street, Leominster, MA  
(P) 978.401.2290

**Montachusett Community Branch**

55 Wallace Ave, Fitchburg, MA  
(P) 978.343.4847

**Tri-Community Family Branch**

43 Everett Street, Southbridge, MA  
(P) 508.765.0222

**Sarah and Richard Hardy Center  
for Child Development**

115 Marcy St., Southbridge, MA  
(P) 508.765.5466

**Camp Blanchard**

208 Manchaug Rd., Sutton, MA  
(P) 508.755.6101

**Camp Foscett**

189 Daniels Rd., Charlton, MA  
(P) 508.765.5466

**Camp Lowe**

132 Fort Pond Inn Rd., Lancaster, MA  
(P) 978.343.4847

**Nurturing the potential of  
every child and teen.**

We believe all children deserve the opportunity to discover who they are and what they can achieve. That's why, through the Y, millions of youth today are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement.

Our Y is a community place for youth, teens, adults, seniors and families to play together, learn together, and be healthy together while strengthening the foundations of our community.

If you have any questions or concerns regarding a YMCA staff person or program, please report to any of the following staff:

David Connell, President/CEO  
(P) 508.755.6101 (ext. 9223)  
dconnell@ymcaofcm.org

Elizabeth Moquin, Child Protection Guardian  
(P) 508.755.6101 (ext. 9245)  
bmoquin@ymcaofcm.org

Pam Suprenant, Vice President of Youth  
Development and Community Services  
(P) 508.755.6101 (ext. 1223)  
psuprenant@ymcaofcm.org

Lori Bastien, Vice President  
(P) 508.755.6101 (ext. 8230)  
lbastien@ymcaofcm.org

Glenn Juchno, Vice President  
(P) 508.755.6101 (ext. 7106)  
gjuchno@ymcaofcm.org



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**Creating  
A Child Safe  
Environment**



**YMCA of Central Massachusetts**

**www.ymcaofcm.org**

# YMCA

## Child Safe Policy

### OUR STAFF

The YMCA of Central Massachusetts has more than 1000 staff members and volunteers working with youth in the many programs we offer.

### OUR SCREENING

To keep children in our programs safe we take the following steps in our intensive screening of employees and volunteers:

- Detailed application forms
- Comprehensive interview process
- Reference checks
- Criminal background record checks
- Internet Searches

### OUR TRAINING

Employees complete an extensive child abuse prevention training program. Supervisors and managers complete additional training to further promote a child-safe environment. All staff members are mandated to report any suspected child abuse.

### OUR POLICIES

The YMCA follows Child Protection Policies & Guidelines developed from consultation with leading authorities and reports from the YMCA of the USA and Hanover Insurance.

For more information about our Child Protection Policies please visit our website at [www.ymcaofcm.org](http://www.ymcaofcm.org)

## Working Together For Safety

Talk to your child about his or her experiences in YMCA programs, school, sports, and other activities.

Drop in on your child's programs.

Trust your instincts. Don't wait to tell us if something seems "strange." Speak up!

Watch for warning signs of abuse:

- Unexplainable bruising or other physical markings
- Disturbed sleeping or eating patterns
- Abrupt changes in behavior—anxiety, clinging, aggressiveness, withdrawal, depression
- Fear of certain persons or places
- Discomfort with physical contact
- A child who abuses other children

Listen and watch for signs of your child receiving special attention that other children or teens are not receiving, including favors, treats, gifts, rides, increasing affection or time alone, particularly outside the activities of school, child care, or other activities.

Every once in a while, ask your child these questions:

- Is anyone scaring or threatening you?
- Is anyone asking you to keep secrets?
- Has anyone said anything to you that made you feel bad?
- Is anyone touching you in a way that you don't like?

Encourage your child to tell you or another trusted adult if anything happens to him or her.

## Information About Abuse

The YMCA wants all children to be safe. Child abusers can be parents, caretakers, friends, neighbors, or anyone who comes in contact with your child—even other youth. Unfortunately, child abuse does exist, taking many forms:

**Emotional:** Threatening a child or using words that can hurt a child's feelings and self esteem; withholding love and support from a child.

**Physical:** Causing injuries to a child on purpose, such as bruises, burns, scars, or broken bones.

**Sexual:** Having sexual contact in any form with a child, including exposing, fondling, intercourse, pornography, or internet solicitation.

**Neglect:** Not providing children with enough food, clothing, shelter, medical care, hygiene, or supervision.

### If You Suspect Abuse:

- If you think your child is physically injured, seek out appropriate medical attention
- If you see signs of distress, withdrawal, or acting out, consider counseling for your child
- Talk to your YMCA Program Director for assistance
- Call the Police or the Department of Children & Families (DCF) to report any abuse

