



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUTH & FAMILY WELLNESS CENTER

Hours of Operation  
Effective 2-13-2012



Monday	5:00-8:00 pm
Tuesday	4:00-6:00 pm
Wednesday	5:00-8:00 pm
Thursday	4:00-6:00 pm
Friday	5:30-7:30 pm
Saturday	9:00 am - 12:00 pm
Sunday	11:00 am - 2:00 pm

For kids ages 7-12 exercising with a parent or guardian