



2009-2010 Boroughs YMCA Marlborough School's Out Program

The Boroughs YMCA

The Boroughs YMCA is excited and ready to start after-school programs at Kane Elementary, Jaworek Elementary, and the Marlborough Intermediate & Middle Schools starting this fall! The Boroughs YMCA in Westborough opened its doors in 2002, although it has delivered programs to the Boroughs' communities since 1991. As part of the YMCA of Central Massachusetts, we are the largest provider of childcare services, infants through school-aged, in Worcester County. We serve more than 800 boys and girls daily in our five pre-school programs and eight licensed after-school centers, as well as thousands more in our summer camps, sports classes, swim lessons, and other programs.

Program Description

The YMCA School's Out Programs offer a variety of enrichment, recreational, and educational activities, such as arts and crafts, drama, science, games, and sports. Homework help is offered on a daily basis. An emphasis is placed on building life and social skills. Participants also have opportunities to interact with their community through field trips and community service projects. The School's out Programs reflect and respond to the needs, skills, and abilities of the participants. Since children's needs are diverse, the program provides for all aspects of a child development: physical, intellectual, emotional and social.

A Typical Day

Before School (7:00am until the start of school)

Children are signed in to the program and attendance is taken as children arrive. Quiet activities, such as board games, reading, and arts & crafts, are available for children to participate in. Children with homework are encouraged to do it in a quiet space and are assisted by staff as needed. Activities will be planned each morning and children will have the opportunity to choose which activity they participate in.

After School (School dismissal until 6:00 pm)

- Children arrive and attendance is taken. Children have the opportunity to participate to socialize and relax until all participants arrive.
- All children will be provided with a nutritious, light snack with 100% fruit juice or milk.
- 30-60 minutes is dedicated to homework and learning time.
- 30-90 minutes is spent in choice activities.
- Choice activities include: sports, arts & crafts, drama, science, board games, playground time, and more based on children's interests & available space.
- 5:45-6:00pm Clean up & closing